

Day Camp Equipment List

Please go through the entire Equipment list and make sure that you have all of the required gear. This will help to make the entire week more pleasant and fun for everyone. The required items are crucial for the safety and comfort of each person. Suggested and Optional equipment are not necessary but can help make participants better prepared.

The only required personal items are closed toed, smooth soled boot with at least a ¼" heel, ASTM/SEI approved Equestrian helmet, water bottle, personal items, prescription medications, and comfortable pants. Make sure the pants are comfortable, and have a long enough inseam so they don't end up around your knees. Items listed as Suggested should be packed in a backpack or saddle bags that will be kept on hand in case they are needed.

Keep in mind that just because we are in the midst of summer does not mean that the weather is always going to be warm. It is very possible to have cold and wet days so it is a good practice to dress in layers, and have some spare clothes handy in case participants get wet. Please no candy, caffeine, walkmans, or video games.

Please make sure to label all personal items. Any items that are not claimed at the end of the week are put in lost and found, and if still unclaimed by the end of the year will be donated.

If you have questions or need help with equipment selection please feel free to drop an email.

FOOTWEAR – All shoes and boots should be already broken in, and at least one pair should be waterproof.

SUGGESTED

- Hiking boots/shoes (sole needs to be appropriate for the terrain)

OPTIONAL

- Extra laces (should fit your tallest boot)
- _____

CLOTHING –Please DO NOT pack spaghetti strap tops, halter tops, or midriff shirts.

SUGGESTED

- Socks (At least one pair of Fleece or Wool socks. Smartwool)
- Underwear (top/bottoms)
- Short and/or Long-sleeved shirt(s)
- Fleece jacket or wool sweat shirt (please no pull over jackets or sweaters. This has proven to be a hazard when riders have to remove layers, but cannot do so with a helmet on.)

OPTIONAL

- Quick-drying swimsuit
- _____

OUTERWEAR

SUGGESTED

- Rainwear (top/bottoms) – Sizing needs to be comfortable even when wearing insulated clothing underneath the raingear.

OPTIONAL

- Warm pants (fleece or wool)
- Gloves/mittens (fleece or wool)
- Warm jacket
- Warm hat (fleece or wool)
- Wide-brimmed rain/sun hat
- Riding gloves
- Riding slicker – slickers are available that have a slit up the front and back that allows you to sit a saddle and still stay dry.
- _____

SUPPLIES

SUGGESTED

- Folding pocket knife
- Plastic garbage bags
- Resealable plastic bag (Ziploc)

OPTIONAL

- Flashlight/headlamp with spare batteries and bulb (Petzl Zipka Plus)
- Compass (with signal mirror)
- Wrist watch w/ hands (used in survival training)
- Camera, film, and spare batteries
- Multi-tool (Leatherman)
- Saddle Bags, Cante bags, or Horn bags
- Sunglasses
- Chaps
- _____

PERSONAL

SUGGESTED

- Sunscreen (Waterproof and/or sweatproof)
- Bug spray (load up on Vitamin B and Garlic before the camp)
- Photo ID
- Lip balm (with sun protection)
- Deodorant
- Towel
- Feminine hygiene products

OPTIONAL

- Dental floss
- Wax for braces (if needed)
- Toothbrush
- Toothpaste
- Money (personal snacks, postcards, gifts, etc)
- Hand lotion
- _____

EMERGENCY –Fanny packs should not be worn while riding

SUGGESTED

OPTIONAL

- Storm proof matches or lighter
- Fire starter
- Signaling whistle
- Duct tape (small roll)
- Water purification tablets or Filter
- Garbage bags
- Notepad and pencil (waterproof paper is great. REI)
- Emergency shelter (5x7 tarp. Plastic tube tent, or Space Blanket)
- 30' – 50' nylon cord
- Hand warmer(s)
- Sierra cup (metal cup with foldable handle)
- Playing Cards
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FIRST AID KIT

SUGGESTED

- Band-Aids (Assortment of sizes. Tegaderm, Nexcare)
- Antibiotic Ointment (Neosporin w/ pain relief)
- Topical Antihistamine (Benadryl Spray, Caladryl, Sting-eze)
- Antihistamine (include something that you approve of your child taking and you know works for them. Benadryl)
- Antacid (include something that you approve of your child taking and you know works for them)
- Ibuprofen (include something that you approve of your child taking and you know works for them)
- Electrolytes (Emergen-C)
- Alcohol Wipe Packets
- Adhesive Bandages
- 2"x2" Sterile gauze compresses
- Non-stick gauze pads
- Moleskin
- Scissors
- Safety Pins

OPTIONAL

- Kling gauze – 1 roll, 2 inch
- Tape – 1-2 inch. Plastic or hypoallergenic
- Vet wrap or Coban
- Triangular bandage
- Arnica Montana (30cc)
- Ace Bandage
- Athletic Tape
- Tweezers
- Needle
- Anti Bacterial Wipes
- Antibacterial Soap
- Vinyl gloves (some people are allergic to latex)
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